



George Stephenson
High School

Food

Y6 into Y7 Transition Lesson

How many dangers can you see?

Circle or list as many dangers you can see...

See if you can explain to another person how you can avoid the danger.....



Introduction

Welcome to George Stephenson High School, we are so excited about you starting in September. Unfortunately we will not be able to meet you before September so we would love to introduce Food Technology to you. This will help you to understand a bit about us before you get here!

We would also like to send you a few tasks to do to make sure in September we are ready to start our studies as fast as possible!!

What is food technology and what will I do?

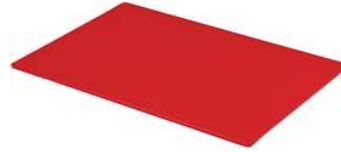
In Food Technology you will learn how to cook using lots of new and exciting skills like selecting and preparing ingredients, using lots of different equipment and adapting your own recipes.

You will also be taught how to work safely in the classroom and how to eat healthily to enable you to grow and develop into a healthy adult.

I am sure some of you already have experience cooking at home and some of you may not do not worry you will all learn lots of new and interesting skills very quickly

Task 1 What Am I ?

Try to find this equipment in your home and explain to a peer what you would use it for



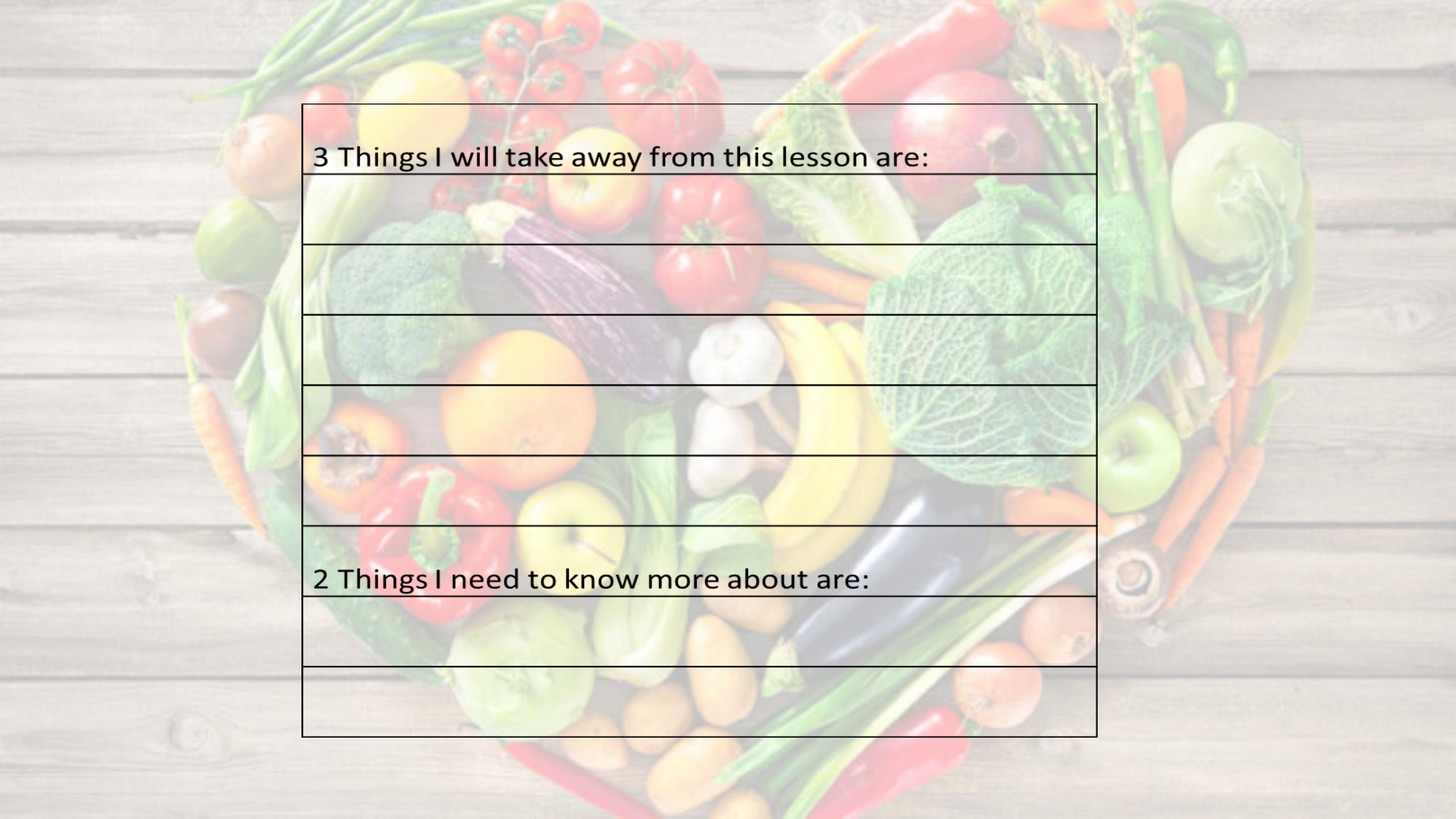
Holiday Task – Practical Skills

- Your task is to prepare 1 product in your home between now and September (you can do more than one if you like)

Rules

- Use at least 1 piece of equipment on the previous task
- You can be as creative as you like
- Follow the rules in the link below!!

<https://www.youtube.com/watch?v=DoSq9T6OejA>



3 Things I will take away from this lesson are:

2 Things I need to know more about are: