

HARBOUR SUPPORT SERVICES NORTH TYNESIDE APRIL 2022

REFUGE - Safe, secure accommodation. North Tyneside Refuge provides 14 units of accommodation; includes family support sessions - activities delivered within the refuge with families





IDVA -

IDVA's provide immediate safety advice and support as well as court support both Criminal and Civil, housing advice, support to attend appointments and make referrals to other services. ADULT OUTREACH -Community based outreach support offering support, advice and guidance to those living in the community

CHANGING BEHAVIOUR SERVICE

Harbour work with people identified as using violence and abuse in relationships.

This service is open to male, female or non binary service users

WHAT WE OFFER

We work with people identified as using violence and/or abuse and who are wanting to address these behaviours.

We cover a range of topics which will be discussed with the service user during an initial assessment.

We will then agree the most suitable intervention for the person referred.

Some of the possible topics to be discussed and worked on could be jealousy, intimidation, understanding coercive control, respectful parenting, plus many more areas.



HOW DO I REFER

If you have a service user that you feel would benefit from completing this work - please fill in a referral form and email this to **referrals@myharbour.org.uk**

If you would like to discuss whether someone would be suitable prior to a referral being submitted, please contact us on the details below for advice or support.

We offer a range of interventions and are able to attend team meetings to discuss further.

USEFUL CONTACTS

Service Manager - Emma Goding emmagoding@myharbour.org.uk

Team Manager - Carl Loveys carlloveys@myharbour.org.uk

Tel - 03000 20 25 25



COUNSELLING -Counselling service available 6 days a week, including evenings and weekends.

Face to face or telephone options available.

For more information on any of the services provided or to make a referral please contact us on the details below.

Contact Us

03000 20 25 25 24 hrs / 7 days

Info @myharbour.org.uk

Live Chat available via www.myharbour.org.uk **Tel** - North Tyneside 0191 251 3305

Email referrals to referrals@myharbour.org .uk